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**CONFERENCE FOR THOSE INVOLVED IN SPIRITUAL DIRECTION TRAINING
19–20 February 2019
Woodbrooke Quaker Study Centre**

DRAFT PROGRAMME

Tuesday 19 February

From 12 noon	Arrivals
13.00	Lunch
14.15	Welcome
14.30	Workshops*
16.00	Tea
17.00	Workshops*
18.45	Supper
20.00	Spiritual Direction Guidelines – an update on developments
21.30	Worship

Wednesday 20 February

8.00	Breakfast
9.00	Worship
9.30	Regional gatherings – an opportunity to share best practice
11.00	Coffee
11.30	Legal matters (specific area for discussion to be confirmed)
13.00	Lunch
14.15	Plenary
15.45	Tea & departures

** Please see overleaf for information about workshops*

WORKSHOPS

Each workshop facilitator will give an introduction to the topic and facilitate further discussion and opportunities to share wisdom among the group.

Selecting candidates for Spiritual Direction courses: Criterion and Spirit

Facilitator: Susanne Carlsson

In this workshop we will look at the balance between set criteria and the spiritual dimension of the selection process. The workshop will involve input and the possibility of sharing experience and practice.

Spiritual Direction courses as discerning processes

Facilitator: Nick Helm

How do we enable the discerning of participants through our courses? How does the team retain a discerning stance?

Spiritual Direction in other contexts – how do we model/encourage this?

Facilitator: Ruth Holgate

This workshop will invite participants to contribute their own experience of SD in various contexts with the gifts and challenges these contexts present. We will also spend some time thinking about any particular training needs that arise from the different contexts.

In addition to what participants suggest, our discussions will include: one-off spiritual conversations, short term SD relationships, weeks of guided prayer, short retreats in daily life, and residential IGRs

PROFILES

Susanne Carlsson is an Anglican priest working in the Diocese of Rochester as the Spiritual Advisor. Originally from the Lutheran Church in Sweden, she gives retreats and training courses in the Ignatian tradition both in the UK as well as in the Scandinavian countries. She lives in Chatham where she runs a small retreat centre for individuals and groups.

Nick Helm is an Anglican priest working in ministry and spiritual development in the Hereford Diocese. He has been involved offering spiritual direction and training people in this ministry for many years. He has written two books in the Grove Spirituality series: *Soul Spark: A short course in prayer and spiritual growth* (2006) and *Ignatius of Loyola* (2014).

Ruth Holgate is a Catholic Lay woman and Jesuit Associate. She has worked with the Jesuits in Ignatian retreats and spirituality for the past 24 years, and has been involved in many training courses in spiritual accompaniment and supervision. She has also led courses elsewhere in the UK and abroad, including China and Myanmar. She was Director of Loyola Hall Jesuit Spirituality Centre, and more recently worked at St Beuno's. Ruth recently moved to London to work with the Jesuits in Clapham, setting up a new project around the formation of people in their 20s and 30s.