

Programme

The day starts from 10.30am for arrivals and then runs from 11.00 to 4.00pm with a break for lunch - please bring your own.

Drinks and light refreshments are provided.

The topics covered are:

- What is a Quiet Day?
- Place, Numbers, Programme, Content
- Silence, Resources, Organisation, Publicity.

There will be input from Sue, discussion, time for reflection and practical group working.

Cost

Donation is £35.00 - £5.00 of that amount going to the Retreat Association.

Email Sue contactsuewilson@gmail.com for details of how to pay by BACS or if you prefer please send a cheque to Sue Wilson: Penlar, North Way, Pinner, Middlesex HA5 3NY

Location

Nearest station: Pinner - on the Metropolitan tube line.